



Iowa Department of Human Services

Terry E. Branstad
Governor

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Lt. Governor

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Director

CPC/DUAL DIAGNOSIS

Allowed Personal Items List

Shampoo +	Conditioner
Gel, Mousse, Hair Paste *	Hand Soap (bar) +
Tooth/Denture Brush +	Denture Cleaner, Cup Adhesive *+
Toothpaste +	Toothbrush +
Shower Gel	Loofa Sponge (for shower gel)
Feminine Products (tampons/pads) +	Lip Balm
Razor (electric and straight, with staff supervision) *+	Powder +
Non-aerosol Deodorant +	Brush or Comb +
Shave Cream *+	Hair Dryer *
Beard/Nose Hair Trimmer *	OTC Facial Scrubs and Moisturizers *
Curling/Flat Iron *	Dental Floss (no picks) *+
Prescription Medicated Facial Scrubs and Treatments *	Belt
Alarm Clock (wind up only, no electric or battery operated)	Appropriate Personal Pictures
Bible, AA, NA (treatment related reading materials)	Blanket, Comforter
Stuffed Animal	Pillow and Pillow Case
Laundry Basket	
Jewelry (rings, necklaces, earrings, bracelets, watch, piercings)	
Sunglasses and Hats (to be worn outside only, will be put in storage until discharge if worn inside)	
Make-up (limited amounts allowed; not allowed: glass, mirrors, sharpeners, scissors, tweezers, finger and toe nail clippers, nail polish, or nail polish remover) *	

* ***Kept in treatment room***

+ ***Can be provided if patient does not have their own***

Items Provided Only By MHI—Not To Be Brought in By Patient

Lotion	Fingernail and Toenail Clippers
Suntan Lotion	Tweezers
Laundry Soap	Dryer Sheets
Fingernail Polish and Remover (if available)	Alcohol Free Mouth Wash

- *Items are subject to change.*